

Disclaimer:

Our intent is to help students and their families through the credible resource sites listed. Judicial use of the internet is the responsibility of the family and student. However, when students go from link to link to link, they may eventually uncover a site that wants them to buy something or isn't positive. We can't control what is on websites beyond the links we provide. If desired, the family or student may create a separate email address and use a fake name, etc. when doing searches.

SAFETY (Cyberbullying, Distracted Driving, Communication Devices, Social Concerns, Self Defense, Teen Relationships)

Cyberbullying/Cyber Safety:

www.Parenting.org - BoysTown site (key any topic in "search" box; i.e. "bullying")

<http://www.ncpc.org/cyberbullying> - National Crime Prevention Council site

www.digizen.org - Tech users becoming responsible digital citizens

www.wiredsafety.com - Facts and Q/A about Internet safety, cyber law and cyber crime

www.cskcst.com - Cyber-safe kids and Cyber-safe teens – Cyberstalking Reportlines

www.stopcyberbullying.org - (click on: "what's the law")

Distracted Driving:

www.saferteendriving.org - C.A.R. website

<http://www.sadd.org/ptm/driving.html> - Driving Safety/Parent-Teen Empowerment

www.AAA.com - key in at search box: distracted driving

Communication Devices:

www.wiredsafety.org/safety/chat_safety/phone_safety/index.html

Assistance for online victims of cybercrime and harassment

Advice, Training and Help for law enforcement worldwide on preventing,

spotting and investigating cybercrimes

Education for children, parents, communities, law enforcement, and educators

Information and Awareness on all aspects of online safety, privacy, responsible use and security

<http://www.theantidrug.com/> Parents the anti-drug. Among advice areas this site also offers a crash course for parents on technology use by young people

www.cox.com/takecharge - Helps you block content that you find objectionable (TV, Internet, Phone)

www.parentstv.org/ptc/facts/mediafacts.asp - (click: "TV Show" or "Movie Review" for Family guide/Summary/Recommendation)

www.Parenting.org - BoysTown site (key any topic in "search" box; i.e. "texting")

American Academy of Pediatrics (AAP)

Visit the "Parent Corner" of the AAP Web site (<http://www.aap.org/parents.html>) and select the age group you'd like to search under "Quick Access." The AAP has insightful articles on the topic of Teens & Media, as well as many other issues.

National Institute on Media and the Family

Visit www.mediafamily.org and click on "eNews" to sign up for an e-mail newsletter and "Facts & Tips" for advice, activities and information.

Social Concerns, Self-Defense, Teen Relationships:

www.Parenting.org - BoysTown site (key any topic in "search" box; i.e. "teen relationships", "morality", etc.)

<http://www.yourlifeyourvoice.org/DiscoverIt/Pages/default.aspx> - BoysTown National Hotline Facts/Info

www.cdc.gov/violenceprevention/index.html - Numerous topics/ resources

http://www.cdc.gov/violenceprevention/pdf/TeenDatingViolence_2010-a.pdf

www.stopbullyingnow.com - Presenting practical research-based strategies to reduce bullying in schools and at home.

<http://www.nasponline.org/families/index.aspx> - website of the National Association of School Psychologists to help children achieve their best.

<http://www.ncjrs.gov/teendatingviolence/relatedresources.html> - site of the National Criminal Justice Reference Service administered by the Office of Justice Programs of the U.S. Department of Justice.

National Domestic Violence Hotline
1-800-799-7233

National Sexual Assault Hotline
1-800-656-4673

<http://www.iwannaknow.org/> - Sponsored by the American Social Health Association

<http://www.chastity.com/> - Promotes the virtue of chastity outside marriage. Q/A, videos. Public speaker, Jason Everts' website.

www.stayteen.org - Q/A for teens when getting into serious/steady relationship.

Health / Behavioral Concerns, Self Esteem

SELF-HARM (Suicide, Teen Cutting, Eating Disorders, Addiction)

Boys Town National Hotline
24 Hour Crisis: 1-800-448-3000

www.yellowribbon.org/

Offers information, resources, and support to preventing suicide through awareness, collaboration, education, postvention, and prevention

www.helpguide.org/mental/self_injury.htm

General information and resources about Self-Harm and Self-Injury. Choose a topic guide includes: Teen Cutting, Suicide, Eating Disorders, ADHD, Bipolar, Depression, Grief, and Trauma.

<http://www.childmind.org/en/hot-topics/> - Healthy ways to address behavioral concerns in adolescents and teens.

SUBSTANCE ABUSE (Drugs, Alcohol, Smoking)

<http://www.theantidrug.com>

Sponsored by The National Youth Anti-Drug Media Campaign Learn about commonly abused drugs and alcohol, tips on monitoring and safeguarding your teen... **This is an easy site to use and offers lots of good information regarding different types and facts of drugs and alcohol, parenting advice and ways to know if your teen is using.**

<http://www.drugfreeworld.org/#/interactive>

Offers videos and booklets on Drugs and Alcohol, teen peer pressure to use, and teen stories of how addictive they are.

<http://www.drugfree.org>

The [Partnership for a Drug-Free America](#) offers inspiring ways for parents and caregivers to connect with their kids in ways that persuade them not to use drugs.

<http://drugabuse.gov/nidahome.html>

The National Institute for Drug Abuse offers materials that were developed to inform teens, parents & teachers about the health effects and consequences of drug abuse and addiction.

<http://www.cdc.gov/tobacco/youth/index.htm> This is the smoking link. The Center for Disease Control and Prevention has resources on many health and negative behavior issues available here. **This site is for both the adult and the child. The site talks about the dangers of smoking, smokeless tobacco and second hand smoke. Also a Youth Tobacco Prevention link that talks about celebrities against tobacco use and link where Student Athletes can learn about the dangers of tobacco use.**

Homework and Study Skills Help

REALLY GREAT, REALLY BIG RESOURCES

Disclaimer: All links are provided from credible sources because of the positive resources we know they provide. The New York Times and college search engines, etc. value their credibility. However, when students go from link to link to link, they may eventually uncover a site that wants them to buy something or isn't positive. We can't control what is on websites beyond the links we provide. Our intent is to help students and their families. Judicial use of the internet is the responsibility of the family and student. If

desired, the student may create a separate email address and use a fake name, etc. when doing searches.

www.refdesk.com

Just one part of this enormous site. To the right of the logo is the Reference Desk window. Scroll to Homework Help's study sources. Also, when refdesk.com opens up, scroll down. You will discover a huge number of educational resources and think you are at a library. This is a huge site but with very helpful information that is helpful for all ages. The refdesk is the place to go to get the most out of the site.

www.nytimes.com/learning/general/navigator/students.html

Several sources for Study Help, search engines and Research Sources are listed As part of a Selective Guide to the Internet from the New York Times **for Students**.

Here you will find resources for academic subjects such as literature and math. Also good because it has current events which is very useful as well as a ton of resources if needing information while writing a paper

www.ucc.vt.edu/stdysk/stdyhlp.html

A variety of study aids from Virginia Tech University Very helpful site on how to be a better note taker and more prepared for a test. Good site for parents if they have a student who is struggling taking tests and not feeling like they are well prepared, parents can send their child to this site for many helpful tips.

<http://sas.calpoly.edu/asc/ssl.html>

Study Skills Library from California Polytechnic State University. I really like this site because it is great for test prep. Gives many helpful tips on how to memorize better, note taking, setting goals, test anxiety, stress etc.

Writing Skills

<http://www.students.gov/STUGOVWebApp/Public?> - key "nutsandbolts" in search box and it will take you to The Nuts and Bolts of College Writing, by a college professor.

www.refdesk.com As stated above, scroll down this huge **library reference desk of resources**. **Stated above already**

www.nytimes.com/learning/general/navigator/ **Same as above this site takes you to the NY Times paper for kids**

A Selective Guide to the Internet from the New York Times for parents, educators and students:

www.nytimes.com/learning/general/navigator/students.html

As stated above: A Selective Guide to the Internet from the New York Times **for Students**. Here find resources for academic subjects such as literature and math. **Same as above.**

www.students.gov/STUCOVWebApp/Public Student gateway to the U.S. Government.

Helpful links and hints related to careers, college, finances, studying, etc. **This site is more for College bound kids or in college and much of this information does come from the Counseling Office.** Parent guide to scams getting a student ready for college.

ADDITIONAL SITES AND RESOURCES

Theological Site:

<http://www.crossroadsinitiative.com/index.html> A large site developed through Dr. Marcellino D'Ambrosio and his partners. Many resources on and for the Catholic faith are available.

Parental Involvement:

<http://www.search-institute.org/> **The Search Institute offers a variety of aids for parents. This site talks about what parents and school can do to help their children be successful and provide positive youth development.**

<http://www.sadd.org/ptm/empowerment-home.html> - **Students Against Destructive Decisions - Empowering students and parents by positive involvement in family, community, school and friends. "Contract for Life", "College Contract for Life", "Parent (or Caring Adult)"**

Local Resources:

Girls and Boys Town National Hotline * 1-800-448-3000

PRIDE- Omaha Inc. (Parents, guardians, and community working together for drug-free, violence-free youth)

3534 South 108 Street * Omaha, NE 68144 * (402) 397-3309 *

www.pride.org * www.safehomes.org

Project Extra Mile (Working to create a community consensus that clearly states that underage alcohol use is illegal, unhealthy, and unacceptable)

11606 Nicholas Street * Omaha, NE 68154 * (402) 963-0015 *

www.projectextramile.org

Personal Counseling Resources

Catholic Charities 3300 N. 60th St - 554-0520 Counseling services for eating disorders, crisis, suicide, family problems and mental health issues. Spanish language available.

Family Service 2101 S. 42nd St. - 553-3000 1921 S. 42nd St #404 - 346-1260 General counseling related to grief, loneliness, substance abuse, stresses, suicide, dating, divorce, and family issues.

Project Relate Resources include counseling, support groups, crisis hotlines, substance abuse, and in-patient facilities.

http://www.projectrelate.org/r6_counseling.html

C.A.R. Safer Teen Driving Resources for teens, parents, and educators on the number one killer of teens in the U.S.

<http://www.saferteendriving.org/>

Yellow Ribbon Suicide Prevention Program Resources for teens, parents, and professionals available at this site.

www.yellowribbon.org - 17405 Hickory Circle, Omaha, NE 68130